



**BEST ALTERNATIVE THERAPY TREATMENT:
 ANTIOXIDANT HOT BED THERAPY**

Ecoparadise

No Frills Ecoparadise, experts in the antioxidant and toxin-purifying arenas, harnesses the best secrets of the trade to bring avant-garde building materials straight from Japan into the Antioxidant Hot Bed Therapy rooms in their flagship salon at The Gardens Mall. Slip into a kimono, and close your eyes to allow the negative ions from the antioxidant ceramics and paint to channel within you the ability to absorb high levels of antioxidants through breathing.

Timeless Remedy The Japanese hot stone bed hardly needs any introduction. Its healing prowess for physical ailments resounds throughout the centuries, and is a phenomenon that has solid backing from the medicinal cognoscenti. Traditionally helpful in treating allergies and body aches, technological innovations have enabled it to combat the aging process.

Skin Deep Having taken in the antioxidants suffusing the room, come away feeling more uplifted and relieved of stress. With improved blood circulation, you will feel renewed and relaxed, with your balance restored. *Ecoparadise, FF229, The Gardens Mall. Tel: 03-2287 401; 38, Jalan SS15/4C, Subang Jaya. Tel: 03-5637 8813; 28-3-1, The Bayu, Jalan Tanjung Tokong, Penang. Tel: 04-8903899/04-8906799. www.ecoparadise.my*